

FORSUS APPLIANCE



The Forsus Appliance (Bite Springs) is used with braces to move the lower jaw forward and to correct the horizontal overbite. In the past, patients were required to wear a headgear or many months of rubber bands to help correct this type of bite. The Forsus Appliance is proving to be superior to traditional headgear or elastics alone, especially with patients who have difficulty wearing removable devices.

1. Some people may have a little difficulty speaking clearly at first. However, patients discover that their speech quickly returns to normal.
2. You should be careful not to open your mouth extremely wide while wearing the Forsus. If you do, the appliance may become disengaged or deformed and can actually loosen a molar band or break a bracket. If this should happen, please call our office for an appointment.
There will be a \$50 charge for a broken appliance.
3. Every orthodontic appliance takes some getting used to. Some patients briefly experience discomfort or mouth irritation. Typically, the discomfort goes away within a few days. If it doesn't—or if a sore develops in your mouth, please call our office for an appointment.
4. Of course, you'll need to avoid hard, sticky foods. Remember to cut your food into smaller pieces than you would normally eat.
5. It's very important to brush your teeth after every meal, but don't brush too hard. You don't want to dislodge or separate the springs.